Non-Indigenous people are invited to participate in #IHMDay17 by:

- Listening to the voices and messages from the tweets by Aboriginal and Torres Strait Islander people
- Re-tweeting tweets marked #IHMDay17
- Pledging to fill your timeline with #IHMDay17 – and to share the news about the event with your networks
- Encouraging politicians to listen to #IHMDay17 and to participate. Ping them on Twitter by including their Twitter names at the end of your tweets.
- Reflecting upon how you can do more to listen to Aboriginal and Torres Strait Islander people as part of your everyday
- Following and supporting @IndigenousX

#IHMDay is an annual Twitter event, led by James Cook University academic Dr Lynore Geia, that takes a strengths-based approach and privileges the voices of Aboriginal and Torres Strait Islander people to discuss health matters.

On Wednesday, 17 May, #IHMDay17 is co-hosted by the University of Canberra, in conjunction with Croakey.

At the University of Canberra, #IHMDay17 is supported by Professor Radoll, the University of Canberra Collaborative Indigenous Research Initiative (UC CIRI), the Faculty of Arts and Design, and the Faculty of Health.

A program of guest tweeters will run from 7am until 10.15pm AEST. Discussions will be moderated by Dr Geia, Professor Peter Radoll, Dean of Aboriginal and Torres Strait Islander Leadership and Strategy at the University of Canberra, and Croakey Contributing Editor, Ms Summer May Finlay.