Addressing racism in health systems is vital for the health of Aboriginal and Torres Strait Islander people.

Whiteness and white privilege refer to systems that privilege some people while disadvantaging others; these terms are not insults.

One-size healthcare does not fit all; it results in systems designed for white people or the dominant group, rather than cultural minorities.

Culturally safe health systems are more likely to be used by those groups in greatest need of healthcare.

Only the person and/or their family can determine whether or not care is culturally safe and respectful.

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