

FIVE FACTS

about cultural safety

1

Addressing racism in health systems is vital for the health of Aboriginal and Torres Strait Islander people.

2

Whiteness and white privilege refer to systems that privilege some people while disadvantaging others; these terms are not insults.

3

One-size healthcare does not fit all; it results in systems designed for white people or the dominant group, rather than cultural minorities.

4

Culturally safe health systems are more likely to be used by those groups in greatest need of healthcare.

5

Only the person and/or their family can determine whether or not care is culturally safe and respectful.

Credit: Dr Ruth DeSouza @DeSouzaRN

Design: Mitchell Ward @Rocklilydesign