Universities are invited to participate in #IHMayDay18 by:

- Listening to and responding to the voices and the messages from the tweets of Aboriginal and Torres Strait Islander people.
- Re-tweeting tweets marked #IHMayDay18.
- Embedding Indigenous health knowledges in the curriculum.
- Developing supportive, culturally safe environments and practices for Indigenous staff and students.
- Embedding cultural safety as a core part of professional practice across medicine, nursing and midwifery, public health and allied health.
- Sharing the news about the event with your networks.
- Signing the pledge for Indigenous health equality: https://croakey.org/sign-this-pledge-for-health-equality-for-aboriginal-and-torres-strait-islander-people/
- Reflecting upon how your institution can do more to listen to Aboriginal and Torres Strait Islander people as part of your everyday.
- Following and supporting @IndigenousX

#IHMayDay is an annual Twitter event, led by James Cook University academic Dr Lynore Geia, that takes a strengths-based approach and privileges the voices of Aboriginal and Torres Strait Islander people to discuss health matters.

On Thursday, 31 May, #IHMayDay18 is co-hosted on Palm Island by the local TAFE, and the Palm Island Centenary Committee, in conjunction with Croakey.

A program of guest tweeters will run from 7am until 10.00pm AEST. Discussions will be moderated by Dr Geia and Croakey Contributing Editor, Ms Summer May Finlay.