



# Stepping Out into Our Future

Artwork: Creative representation of Palm Island by Dr Lynore Geia

## #IHMayDay18

Workplaces and organisations are invited to  
participate in #IHMayDay18 by:

- Listening to and responding to the messages from #IHMayDay18 tweets by Aboriginal and Torres Strait Islander people.
- Reflecting upon how your workplace/organisation is contributing to health equality for Aboriginal and Torres Strait Islander people – and sign the pledge here:  
<http://croakey.org/sign-this-pledge-for-health-equality-for-aboriginal-and-torres-strait-islander-people/>
- Finding out more about Reconciliation Action Plans (RAP). If you already have a RAP, what more can be done with it?
- Reflecting upon your organisation's staff and governance, and the level of cultural safety that exists for Aboriginal and Torres Strait Islander staff and clients.
- Listening to and responding to the concerns of your Aboriginal and Torres Strait Islander staff and clients.
- Reflecting upon what your organisation is doing to build relationships with the local Aboriginal and Torres Strait Islander community, and what more could be done?
- Following and supporting @IndigenousX

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*#IHMayDay is an annual Twitter event, led by James Cook University academic Dr Lynore Geia, that takes a strengths-based approach and privileges the voices of Aboriginal and Torres Strait Islander people to discuss health matters.*

*On Thursday, 31 May, #IHMayDay18 is co-hosted on Palm Island by the local TAFE, and the Palm Island Centenary Committee, in conjunction with Croakey.*

*A program of guest tweeters will run from 7am until 10.00pm AEST. Discussions will be moderated by Dr Geia and Croakey Contributing Editor, Ms Summer May Finlay.*