



Stepping Out into Our Future

Artwork: Creative representation of Palm Island by Dr Lynore Geia

#IHMayDay18

Non-Indigenous people are invited to
participate in #IHMayDay18 by:

- Listening to the voices and messages from the tweets by Aboriginal and Torres Strait Islander people
- Re-tweeting tweets marked #IHMayDay18
- Pledging to fill your timeline with #IHMayDay18 – and to share the news about the event with your networks
- Signing the pledge for Indigenous health equality:
<https://croakey.org/sign-this-pledge-for-health-equality-for-aboriginal-and-torres-strait-islander-people/>
- Encouraging politicians to listen to #IHMayDay18 and to participate. Ping them on Twitter by including their Twitter names at the end of your tweets.
- Reflecting upon how you can do more to listen to Aboriginal and Torres Strait Islander people as part of your everyday
- Following and supporting @IndigenousX

#IHMayDay is an annual Twitter event, led by James Cook University academic Dr Lynore Geia, that takes a strengths-based approach and privileges the voices of Aboriginal and Torres Strait Islander people to discuss health matters.

On Thursday, 31 May, #IHMayDay18 is co-hosted on Palm Island by the local TAFE, and the Palm Island Centenary Committee, in conjunction with Croakey.

A program of guest tweeters will run from 7am until 10.00pm AEST. Discussions will be moderated by Dr Geia and Croakey Contributing Editor, Ms Summer May Finlay.