The Alliance provides the following key recommendations to the Royal Commission into Victoria’s Mental Health System to arrive at the desired state:

1. Invest in and integrate with prevention and early intervention services
2. Invest in services that bridge tertiary with primary healthcare
3. Provide accessible and easy to navigate services that keeps the consumer at the centre
4. Ensure comprehensive and consistent support for individuals, families and carers
5. Integrate mental health services with alcohol and other drugs (AOD) services
6. Address regional and rural workforce gaps through collaborative approaches to workforce planning and development using sound data sets
7. Improve the clinical governance processes at a regional level to ensure safe service responses for consumers
8. Co-commissioning
9. Accountability for consumer outcomes and the delivery of high-quality person-centred care.