The Alliance provides the following key recommendations to the Royal Commission into Victoria's Mental Health System to arrive at the desired state:

- 1. Invest in and integrate with prevention and early intervention services
- 2. Invest in services that bridge tertiary with primary healthcare
- 3. Provide accessible and easy to navigate services that keeps the consumer at the centre
- 4. Ensure comprehensive and consistent support for individuals, families and carers
- 5. Integrate mental health services with alcohol and other drugs (AOD) services
- Address regional and rural workforce gaps through collaborative approaches to workforce planning and development using sound data sets
- 7. Improve the clinical governance processes at a regional level to ensure safe service responses for consumers
- 8. Co-commissioning
- Accountability for consumer outcomes and the delivery of high-quality person-centred care.