A Twitter thread of Dr Deb Bateson’s presentation to #RANZCOG, October 2019
Tweeted by Amy Coopes for the Croakey Conference News Service

https://twitter.com/coopesdetat/status/1184262770939711489

@coopesdetat

Next talk will be from Deb Bateson on contraception for trans patients #RANZCOG19

11:20 AM · Oct 16, 2019 · Twitter for Android

10 Retweets 26 Likes

Replying to @coopesdetat
Shout out to @ACONhealth's Teddy Cook here! #RANZCOG19
Inequalities, barriers including a burden of education for trans people of their doctors, inconsistent advice eg paps #RANZCOG19

Bateson talking about the @ACONhealth Check OUT clinic. Great to see this getting discussed at #RANZCOG19
Advice to health care providers - avoid assumptions! #RANZCOG19

Why is contraception for trans patients important? Data shows a not insignificant number of pregnancies after transition, misconceptions and misinformation about effects of T #RANZCOG19
Considerations re contraception for AFAB trans patients #RANZCOG19

Bateson taking us through efficacy of various methods, and interactions with T #RANZCOG19
Depot and IUDs are most popular with trans patients anecdotally, Bateson says. Talking about a subcut self-injectable on the way #ranzcg19

DMPA and HIV acquisition? #RANZCOG19

Bateson says T may increase friability of the vaginal mucosal and increase risk of HIV transmission #RANZCOG19
IUD - think about T effects on discomfort of speculum insertion #RANZCOG19

Don't forget the morning after pill and copper IUD for emergency contraception #RANZCOG19
What are the options for trans AMAB? Bit more challenging. #RANZCOG19

Bateson's take home messages

Stop, start, continue.....Contraceptive Choice and the Transgender Individual

- Transgender individuals are a diverse group who engage in a wide range of sexual practices
- High rates of poor health outcomes and experiences of barriers to care
- Avoid assumptions about patients' genders, bodies, sexual orientations and sexual partners
- Consider contraceptive needs for anyone engaging in vaginal sex who wishes to prevent pregnancy
- Factors influencing contraceptive choice similar to those for all individuals
- Specific considerations for transgender men: effect of oestrogen on testosterone therapy; desire for amenorrhoea; body dysphoria
- DMMA injections or LNG-IUS can be a useful choice
- Stop to consider, start to build knowledge and continue to develop skills