

Twitter thread by Marie McInerney reporting from a Youth Day at #VMIAC2019 conference in Melbourne on 30 October 2019, for Croakey Conference News Service



#VMIAC2019 @WePublicHealth · 18h

Intersectionality panel discussion #VMIAC2019: Hearing about gaps in mental health services for young people from outer suburbs, rural areas - lack of privacy when clinicians know you personally, mainstream services that don't have knowledge (or workforce) around #LGBTIQ+ issues

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Assumptions experienced by young people in mental health services: "Because you live at home, (they assume) you get support. That was the most isolating part of my treatment." #VMIAC2019

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Issues for young mental health consumers without family support: "I've had a lot of problems in hospitals. (After moving interstate to be safe from family) my friends are my family." But friends often not allowed to accompany/support, is fear of family being contacted #VMIAC2019

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"What would 'better' look like for you?" "Have just joined waiting list for gender specific place but means going through my story again. So many LGBTIQ ppl in mainstream services: posters, he/she buttons not enough. Need to educate re terms, have LGBTIQ staff...#VMIAC2019

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"It's not my responsibility to teach my psych what I'm going through (as a trans person)" #VMIAC2019

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Better resources that are understandable: for families of LGBTIQ+ mental health consumers about gender/sexuality issues, for CALD communities about mental health. Some of what's needed for better mental health supports for young people #VMIAC2019



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Panel here saying it's up to mental health professionals to do their own learning about intersectionality issues, not just say it's bad it wasn't covered at uni or in PD training [#VMIAAC2019](#)

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Education needs to be ongoing, built into the system. "Every damn day you have to challenge your expectations to be better at your job".

[#VMIAAC2019](#) [#Intersectionality](#) [#MentalHealth](#)

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"Being given autonomy to make my own decisions about my own care was the most helpful, in both trans and BPD supports." [#VMIAAC2019](#)

2:30 PM · Oct 30, 2019 · [Twitter Web App](#)