A 60-page Twitter summary of #HeatwaveHealth tweets from a #CroakeyGO at Sunshine in Melbourne’s western suburbs, on 11 December, 2019.

Compiled by Melissa Sweet for Croakey News.

Read more about the event, sponsored by IPC Health with funding from the Lord Mayor’s Charitable Foundation: [https://croakey.org/category/croakeygo/heatwavehealth/](https://croakey.org/category/croakeygo/heatwavehealth/)

**Megan Williams @MegBastard · Dec 11**
Public interest journalism meets walking on Country. Yes please! It's called #CroakeyGO and today is focussing on #HeatwaveHealth in Sunshine. I'm following with my fingers not my feet, here on the tweets in smokey Sydney. Join us!

Ahead of a dangerous summer, join us in addressin...
A new report has spotlighted current and future health threats arising from an increase in ...
&croakey.org

Launch speakers:
Meagan Chiuchiarelli, IPC Health – Introductions
Jayne Nelson, CEO IPC Health – Why #HeatwaveHealth awareness.
Melissa Sweet, Croakey Health Media – About #CroakeyGO and how it works.

**Ruth Armstrong @DrRuthAtLarge · Dec 11**
And we’re off! #CroakeyGo #HeatwaveHealth kicks off with an acknowledgement of Wurundjuri country
Amy Coopes 🔄 @coopesdetat · Dec 11
Good morning! Looking forward to #CroakeyGO #HeatwaveHealth today in ☀ Sunshine. If you can't join us on foot we'd love to have you virtually visit & hear your thoughts! We'll be photographing and Periscoping along the route to help with FOMO

Amy Coopes 🔄 @coopesdetat · Dec 10
Greetings from glorious Sunshine 🌞, where the sun is indeed shining and we are about to embark on a dress rehearsal for tomorrow's #croakeyGO #HeatwaveHealth with @IPCHealth.au. Follow along at this thread 👇
Show this thread

IPC Health @IPCHealth.au · Dec 11
Our #heatwavehealth event has officially been launched.
Croakey News @CroakeyNews · Dec 11
Jane Nelson, CEO @IPCHealth.au, highlighting the community-wide ways we can help build resilience for #HeatwaveHealth and save lives during extreme weather events. @BrimbankCouncil area has demographics most vulnerable to extreme heat incl #elderly & #CALD communities.

DrTess Ryan @TessRyan1 · Dec 11
@MelissaSweetDr discussing #CroakeyGo and #Heatwavehealth and introducing the Croakey team
Mitchell Ward @rockilydesign · Dec 11
The CroakeyGO team about to start HeatwaveHealth

Amy Coopes 👇 @coopesdetat · Dec 11
Walking journalism is about listening, walking on and connecting to country and place says @MelissaSweetDr croakeygo heatwavehealth

Ruth Armstrong @DrRuthAtLarge · Dec 11
#CroakeyGo #HeatwaveHealth

Welcome to Country

Wurundjeri Welcome
The @croakeynews team now introducing themselves #croakeygo #heatwavehealth. We have Rebecca Thorpe, @TessRyan1 @MelissaSweetDr @rocklilydesign @DrRuthAtLarge on the ground today

Show this thread

Croakey News @CroakeyNews · Dec 11
A big shout out to @cohealth.au from @MelissaSweetDr for their support of @CroakeyNews in doing social journalism in the #publichealth space. And to @IPCHealth.au and @LordMayorMelb’s Trust for their support for today’s #HeatwaveHealth #croakeygo
Croakey News @CroakeyNews · Dec 11
Just the kit needed to help with #HeatwaveHealth as we wait to start the #CroakeyGO on the topic with @IPCHealth_aust @DrRuthAtLarge @MelissaSweetDr @coopesdetat @TessRyan1 @cohealth_aust @Lowitjainstitut

Melissa Sweet @MelissaSweetDr · Dec 11
And a very warm thanks to @Lowitjainstitut for your support for this #CroakeyGO on #HeatwaveHealth w @mjchiuchiarelli modelling the hats at @IPCHealth_aust cc @JanineMiler
While it was a relatively cool day in Sunshine, others were feeling the heat...

Lesley Russell Wolpe @LRussellWolpe · Dec 11
If it’s hot kids can’t learn #HeatwaveHealth #croakeygo

Mark Scott @mscott · Dec 11
Across NSW today, we expect a total of 28 government schools and one Catholic school to be non-operational. Nothing is more important to us than the health and safety of our students and staff. Details here: education.nsw.gov.au/public-schools...

As is usual practice at #CroakeyGO, the event began with live broadcasts via the Periscope app, introducing participants and their reasons for attending.
IPC Health @IPCHealth_au · Dec 11
First interviews taking place in groups #heatwavehealth

Melissa Sweet @MelissaSweetDr · Dec 11
Introducing #CroakeyGO participants #HeatwaveHealth

Marie McNerney @marienCM · Dec 11
#HeatwaveHealth participants introduce themselves, incl from @BrimbankCouncil which has just released draft climate emergency plan for public comment. Also issues for architects on weatherproofing housing, and for medics - great to see #CroakeyGO veteran @JudkinsSimon there too

Ruth Armstrong @DrRuthAElange · Dec 11
p.scp.h/t/чMAxDExOT3...
**Mitchell Ward** @rockilydesign · Dec 11

@DrRuthAtLarge interviews @JudkinsSimon at CroakeyGO

#HeatwaveHealth
IPC Health @IPCHealth.au • Dec 11
A special guest for our walk. We also need to keep our pets cool on hot days #HeatwaveHealth

#HeatwaveHealth @WePublicHealth • Dec 11
We are #CroakeyGO ready. Our walk is beginning with sharing thoughts on #HeatwaveHealth.
Margaret Windisch @RebelGretel - Dec 11

#HeatwaveHealth #croakeygo heading off on our walk with our gorgeous fury friends - don't leave the pets behind!

IPC Health @IPCHealth.au - Dec 11

And we are off, our CEO @JayneIPCH ealth leading the way with Harpo
Speakers at Stop 1: Sunshine bus stop

- Fida Masri, Senior Team Manager, Ambulance Victoria (Melton)
- Dr Tess Ryan, Biripi woman, scholar on Indigenous Women’s Leadership, researcher on Aboriginal Health
Croakey News @CroakeyNews  ·  Dec 11
At Sunshine bus stop on our #croakeygo to talk about how #publictransport plays a role in helping with #HeatwaveHealth.

Ruth Armstrong @DrRuthAtLarge  ·  Dec 11
Sunshine bus stop & train station. A literal hot spot surrounded by cement. Public transport can help or hinder #HeatwaveHealth #CroakeyGo
Mitchell Ward @rocklilydesign · Dec 11
Part of the #CroakeyGO group at Sunshine bus stop #HeatwaveHealth

Ambulance Victoria 🚑 @AmbulanceVic · Dec 11
Our Senior Team Manager Fida is taking part in today's #HeatwaveHealth #CroakeyGO walk in #Sunshine, and sharing tips on how to stay safe in warmer weather

🎉 Croakey News @CroakeyNews · Dec 11
Some simple messages from @AmbulanceVic re #HeatwaveHealth: Consider cancelling going out, keep the house cool with AC & fans, dress appropriately for hot weather, check on your neighbours. #CroakeyGO
Amy Coopes 🌐 @coopesdetat · Dec 11
Some simple messages says Masri. Close your blinds, hydrate, dress appropriately, time your activities. Cost of running air con a real equity issue. For security isolated elderly also fearful of opening up their homes to ventilate, we are hearing #heatwavehealth #croakeygo

Dr Tess Ryan @TessRyan1 · Dec 11
Senior Team Manager, Fida Masri from Ambulance Victoria discussing emergency service response & the insidious nature of heat and health impacts #HeatwaveHealth #CroakeyGo
**Croakey News** @CroakeyNews - Dec 11
Extreme heat is the worst national disaster when it comes to deaths in Australia.
@AmbulanceVic sees spikes for #elderly #chronicillness #Mentalhealth & young patients during and soon after #heatwaves.
#HeatwaveHealth #CroakeyGO

**Amy Coopes** @coopesdetat - Dec 11
We find in times of heat stress that there is a lag effect for the surge - second and third day says Masri. Elderly, very young, those w chronic disease, those w mental health issues. It's a community obligation to check on and look after these people #HeatwaveHealth #croakeygo

**Croakey News** @CroakeyNews - Dec 11
Some simple messages from @AmbulanceVic re #HeatwaveHealth:
Consider cancelling going out, keep the house cool with AC & fans, dress appropriately for hot weather, check on your neighbours.
#CroakeyGO
#HeatwaveHealth @WePublicHealth · Dec 11

#HeatwaveHealth is important when it is hot for more than a day. Our emergency services see a greater demand for care when it is hot.

Margarita Windisch @RebelGretel · Dec 11

Fida Marsi from Ambulance Victoria highlighting how heatwaves create spike in demand #HeatwaveHealth #CroakeyGO
Ruth Armstrong @DrRuthAtLarge · Dec 11
Now hearing from Fida Masri from Ambulance Victoria. Very young and old are most vulnerable, especially to multi day events. Need for information and education about #HeatwaveHealth #CroakeyGo

IPC Health @IPHealth_au · Dec 11
We are at the Sunshine bus station, which can be a very hot place with not much shade and lots of traffic, and Dr @TessRyan1 is speaking about health issues on hot days for herself as an Aboriginal woman with a chronic disease. #heatwavehealth

@TessRyan1 talking about the impact of heat on chronic illness at stop number 2 on our walk. #HeatwaveHealth
Marie McInerney @marieinernney - Dec 11

Impt insights from @TessRyan1 on managing in the heat with chronic illness, incl keeping medication effective - “it can be a really dangerous time”. Govt often doesn’t want to address #HealthwaveHealth because it opens up so many other issues & a whole new cohort in need

#CroakeyGO

Melissa Sweet @MelissaSweetDr - Dec 11

Dr Tess Ryan talking at #CroakeyGO #HealthwaveHealth pscp.tv/jwvMhOeGwA/8KL...
Mitchell Ward @rocklilydesign · Dec 11

#CroakeyGO @TessRyan1 Talking about #HeatwaveHealth at Sunshine railway station

Croakey News @CroakeyNews · Dec 11

@TessRyan1 talking about how #HeatwaveHealth affects her personal health. As she lives with #type1diabetes there are complications for her medication & health. She says she's lucky to live in a house that's cool, but that wasn't always the way for her when she was a student.
Ruth Armstrong @DrRuthAtLarge - Dec 11
The lovely @TessRyan1 talking about #HeatwaveHealth for people with chronic disease. Individual, community and government responses

Croakey News @CroakeyNews - Dec 11
🎉 Even waiting at a bus stop for someone with #diabetes can be difficult in extreme weather. Keeping #insulin #medication cool is a real issue. #HeatwaveHealth is a real issue for @TessRyan1 & everyone else with #chronicillness & the #elderly. Fed Govt needs to take action!

Amy Coopes @coopesdetat - Dec 11
Ryan tells us governments don’t want to address these issues because it opens a can of worms of many, many other problems within the health system that they also don’t want to address #croakeyGO #HeatwaveHealth
Dr Tess Ryan @TessRyan1 - Dec 11

My chronic condition can only be effectively managed by keeping these things in a cool climate. Extreme heat not only impacts on how these medicines work, but also how my body interacts with heat stress & my condition. #Heatwavehealth #CroakeyGo #Lowitja

Croakey News @CroakeyNews - Dec 11

🎉 The @BrimbankCouncil wants the Sunshine station & bus interchange to be the greenest station possible when the #airportrail link comes to the area. This is an important #urbandesign approach to deal with #HeatwaveHealth.

#CroakeyGO
@BrimbankCouncil Adrian Gray, Manager Urban Design, letting us know their plans for an improved station at Sunshine.

Adrian Gray, urban design at @BrimbankCouncil, stressing importance of appropriate infrastructure as well. Sunshine to become a major transport hub akin to Southern Cross for the west in future. Must do this properly, green spaces #croakeygo #heatwavehealth

This is the talking part of the #walking journalism at #CroakeyGO - all about #heatwavehealth
Melissa Sweet @MelissaSweetDr · Dec 11
Conversations and making connections - important for addressing concerns around #heatwavehealth - and all part of #socialJ and #CroakeyGO

Melissa Sweet @MelissaSweetDr · Dec 11
#HeatwaveHealth conversations on the #CroakeyGO at Sunshine
IPC Health @IPCHealth_au · Dec 11
Lots of conversations going on about #heatwavehealth in Sunshine

Ruth Armstrong @DrRuthAtLarge · Dec 11
Great collaborative conversations between health services at #CroakeyGO #HeatwaveHealth Nuredin from @IPCHealth_au and Josh from StarHealth
Participants were asked to do interviews along the walk....

Marie McInerney @marie mcinerney · Dec 11
Adverse health impacts: people can be forced to go to unhealthy places to beat the heat, big issue for @BrimbankCouncil area which has highest pokie losses of any LGA in Victoria: need for healthy public spaces #HeatwaveHealth #CroakeyGO cc @MayneReport

Croakey News @CroakeyNews · Dec 11
pscp.tv/w/ctAgPjFw0t5...

Marie McInerney @marie mcinerney · Dec 11
Croakey's @DrRuthAtLarge talking to @RebelGretel who is doing PhD focused on urban heatwaves and social vulnerability, partic older women who live alone & how they (can) access public cool spaces. “Biggest barrier is social disadvantage. #HeatwaveHealth #CroakeyGO

Ruth Armstrong @DrRuthAtLarge · Dec 11
Watch on #Periscope
pscp.tv/w/cMAhZjEzOTi3...
#HeatwaveHealth #CroakeyGO
Marie McInerney @mariemcinerney · Dec 11
Equity a big issue emerging from #HeatwaveHealth #CroakeyGO (by the looks from a distance): watchers, participants might be interested in @VCOSS #ClimateFairness report released recently: vcoss.org.au /climatefairness... @RyanSheales @EmmaKingVic

A Climate of Fairness
🔗 vcoss.org.au

Melissa Sweet @MelissaSweetDr · Dec 11
Great to see @Lowitjainstitut hats in action at #CroakeyGO on #HeatwaveHealth cc @TessRyan1
Melissa Sweet @MelissaSweetDr · Dec 11
On the go at #CroakeyGO #heatwavehealth

Melissa Sweet @MelissaSweetDr · Dec 11
#heatwavehealth
Speakers at Stop 2: The Uniting Church
• Matt Cairns, Program Manager, Energy and Financial Literacy, Uniting Kildonan
• Emily Duck, Corporate Social Responsibility Specialist, Jemena
• Christine Bell, Volunteer Coordination & Development Officer Brimbank City Council

Amy Coopes @coopesdetat · Dec 11
Being welcomed to the bustling Uniting drop-in centre by Rev Ray Gormann. Hive of activity and a real community hub. The Sunshine Christmas party about to get underway! #croakeygo #heatwavehealth

IPC Health @IPCHealth_au · Dec 11
We have arrived at our next stop the Uniting Church in Sunshine and listening to Matt Cairns Program Manager Energy and Financial Literacy Uniting Kildonan and Emily Duck, Corporate Social Responsibility Jemena about energy efficiency and reducing energy bills #heatwavehealth
Croakey News @CroakeyNews · Dec 11
The #HeatwaveHealth #CroakeyGo has arrived at the @UnitingVT church in Sunshine to hear about the work @KildonanUCare does with energy bills & efficiency in @BrimbankCouncil area. @JemenaLtd partners with them on this.

Amy Coopes ☑️ @coopesdetat · Dec 11
Matt Cairns is the program manager for energy and financial literacy here in partnership with @JemenaLtd. Vulnerable populations - elderly, single-parent families - often reluctant to use power. Educate on bills, tariffs, appliance use #heatwavehealth #croakeygo

DrTess Ryan @TessRyan1 · Dec 11
We've walked to the Uniting Church where people can come in off the street for care. Program Manager energy & financial literacy, Matt Cairns talks of the services they offer to vulnerable ppl in community #Heatwavehealth #CroakeyGo
Now at @ReGenUC in Sunshine where we are hearing from Emily Duck from @JemenaLtd on their Power Changers program for community including support with energy efficiency to help keep people cool during a heatwave. #HeatwaveHealth

In addition to public literacy sessions, Jemena in partnership with Uniting offers free home energy assessments- tailored advice or support. Read more here. In its second year now #croakeygo #heatwavehealth jemena.com.au/about/innovati...

Emily Duck is now speaking about energy distribution and their partnership with Uniting helping community with their energy literacy and usage. More energy is used in extreme weather events what of you can’t afford it? #Heatwavehealth #CroakeyGo
Amy Coopes ✉️ @coopesdetat · Dec 11
Emily Duck from @JemenaLtd talking to us about the Power Changers program. People use 3x more energy during #heatwavehealth -- impacts financially as well as on health #croakeygo
Show this thread

Amy Coopes ✉️ @coopesdetat · Dec 11
Big issue is pets - many communal spaces that are cool won't allow animals and people reluctant to go out without them #croakeygo #heatwavehealth

Amy Coopes ✉️ @coopesdetat · Dec 11
Perhaps some iconography will help get @ScottMorrisonMP's attention #CroakyGO #HeatwaveHealth #burnforyou

Amy Coopes ✉️ @coopesdetat · Dec 11
As our political discourse on the #ClimateEmergency continues defaulting to Thoughts & Prayers, we take #CroakyGO #HeatwaveHealth to church
Croakey News  @CroakeyNews  · Dec 11
A call to the #elderly to check in with them, especially during #HeatwaveHealth, is a free service offered by @BrimbankCouncil. There are 500 registered, but should be 5k; check-in program is not just for health but also keeps people socially engaged with community. #CroakeyGo

Amy Coopes  @coopesdetat  · Dec 11
Just shy of 500 people on the register, but Bell says 'it should be 5,000' #croakeygo #heatwavehealth

#HeatwaveHealth  @WePublicHealth  · Dec 11
We also heard from @BrimbankCouncil about their Brimbank Register where the elderly and vulnerable can register to receive check in phone calls from a local police officer. #HeatwaveHealth
IPC Health @IPCHealth_au · Dec 11
Christine Bell Volunteer Coordinator and Development Officer @BrimbankCouncil talking about the free Brimbank Community Register that assists people during heatwaves #heatwavehealth

Marie McInerney @mariemcinerney · Dec 11
#heatwavehealth @darkdirk #CroakeyGO

Amy Coopes 🌠 @coopesdetat · Dec 11
Important question from @mtoy88 - how do you support people once they have been identified as having inefficient appliances. Cairns says Uniting runs programs to assist with retrofits, exchange fridges and heaters, low interest loans #croakeygo #heatwavehealth

Show this thread
DrTess Ryan @TessRyan1 · Dec 11
Aboriginal ppl recognise the country is sick. When the land shows pain, everyone’s health is at risk. Our old people are hurting. What can we do to help? #Heatwavehealth #CroakeyGo #ClimateEmergency @IndigenousX

Amy Coopes @coopesdetat · Dec 11
Christine Bell telling us about @BrimbankCouncil's community register program. People 50+ or w a disability. Range 18–102 yrs! People can nominate for regular check-ins from volunteers, updates on weather, escalation plans if they are uncontactable #croakeygo #heatwavehealth

DrTess Ryan @TessRyan1 · Dec 11
Volunteer coordinator, Christine Bell from Brimbank City Council discusses their community register program that checks on on vulnerable ppl in community #Heatwavehealth #CroakeyGo

Amy Coopes @coopesdetat · Dec 11
Another fantastic question from @BrimbankCouncil's Adrian Gray on tree management around powerlines actually contributing to heat island effect and use of energy. Interesting to hear Jemena using AI to monitor tree growth, less need to prune #croakeygo #heatwavehealth

DrTess Ryan @TessRyan1 · Dec 11
In extreme heat, regulatory hormones are impacted. Hypos can occur more due to how insulin is absorbed. My thermostat stops working effectively & I can overheat/dehydrate. Many others in community have hlth issues where heat impacts. #Heatwavehealth #Cloth
Amy Coopes @coopesdtat · Dec 11
Mark Mann, local community member, saying practical help also really important for elderly with actually installing equipment. And what happens to replaced equipment? #croakeygo #heatwavehealth

Ruth Armstrong @DrRuthAtLarge · Dec 11
Lots of questions from the floor, for Emily Duck, on the practicalities of helping clients with energy efficient cooling solutions #CroakeyGo #HeatwaveHealth

Jemena @JemenaLtd · Dec 11
Delighted to join today’s #CroakeyGo #HeatwaveHealth event in Sunshine with partner @UnitingVT to talk about our #PowerChangersCommunityConnections program & community health on hot days. Thanks for all the great questions! Program info: bit.ly/2E7zoYs @WePublicHealth
DrTess Ryan @TessRyan1 · Dec 11
Aboriginal ppl in community w/ hlth issues impacted also due to wanting culturally appropriate hlth services they can go to. Extreme weather like heat would suggest some ppl don't visit particular services
#ClimateEmergency #HeatwaveHealth #CroakeyGo

Marie McInerney @mariemcinerney · Dec 11
#HeatwaveHealth cc @miriamcosic @lenoretaylor @Gay_Alcorn #CroakeyGO

Amy Coopes @coopesdetat · Dec 11
Christine Bell telling us about @BrimbankCouncil's community register program. People 50+ or w/ a disability. Range 18-102 yrs! People can nominate for regular check-ins from volunteers, updates on weather, escalation plans if they are uncontactable #croakeygo
#heatwavehealth
Show this thread

Amy Coopes @coopesdetat · Dec 11
Megan from @IPCHealth.au says it is great to have these discussions - we have just identified that a community transport service for #heatwavehealth days would be really valuable addition to the register for people identified as in distress #croakeygo

Ruth Armstrong @DrRuthAtLarge · Dec 11
More connections being made. Jane Gonsalves from Uniting care meets Margareta Windisch, who is doing her PhD on #HeatwaveHealth and responses #CroakeyGo
Speakers at Stop 3: Brimbank Library

- Ben Bowman, Sustainability Coordinator, Brimbank City Council
- Adrian Gray, Urban Design Manager, Brimbank City Council

Margareta Windisch @RebelGretel · Dec 11
Brimbank Libraries - important designated cool spaces during a heatwave and just generally fabulous community spaces with awesome staff
#CroakeyGO #HeatwaveHealth

Amy Coopes 🎉 @coopesdetat · Dec 11
We are now at Sunshine Library to hear about some @BrimbankCouncil work on #HeatwaveHealth #croakeygo
Croakey News @CroakeyNews · Dec 11
Now we are hearing from @BrimbankCouncil staff speaking about the council’s #ClimateEmergency plan, which went to Council last night. #HeatwaveHealth is the biggest issue in the area due to the urban environment & community demographics. #CroakeyGO

#HeatwaveHealth @WePublicHealth · Dec 11
We are now at stop number 4 where Adrian Gray, Manager Urban Design, @BrimbankCouncil, is talking about Greening the West to keep the community cool. Currently Brimbank has 6.2% canopy cover but striving for 30% #HeatwaveHealth
Croakey News @CroakeyNews • Dec 11

The #heatwave in the lead up to #BlackSaturday killed more than double the number of people that the #bushfires did.
Since then #greeningthewest has looked at ways to improve the environment around @BrimbankCouncil area. Many heat vulnerable suburbs.

#HeatwaveHealth #CroakeyGO

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Margareta Windisch @RebelGretel • Dec 11

Ben Bowman from Brimbank Council highlights that heatwaves are a key health issue for residents and the challenges associated. #CroakeyGO

#HeatwaveHealth
Ruth Armstrong @DrRuthAtLarge · Dec 11
Hearing from @BrimbankCouncil reps about draft climate emergency plans and strategies for Greening the West #CroakeyGO #HeatwaveHealth

Amy Coopes 👤 @coopesdetat · Dec 11
Ben Bowman from @BrimbankCouncil telling us about the Council’s #ClimateEmergency plan which was approved last night for community consultation #HeatwaveHealth #croakeygo. Covers everything that needs to happen to meet this challenge - cool spaces, subsidy for solar...

Amy Coopes 👤 @coopesdetat · Dec 11
Bowman saying they know that place-based, incremental initiatives and efforts are where the solutions lie on climate adaptation and mitigation #CroakeyGO #HeatwaveHealth

Croakey News @CroakeyNews · Dec 11
Question about whether the Fed Govt offers extra funding to @BrimbankCouncil & other councils to keep their cool spaces open longer during the heat eg #libraries? Answer: no. 😞 #HeatwaveHealth #CroakeyGO #ClimateEmergency
Amy Coopes @coopesdetat - Dec 11
Next up Adrian Gray on urban design. Gray is also co-chair of Greening the West. Gray says 374 people died in heatwave preceding Black Saturday fires, many more than in the fires proper. Canopy cover 6.2% locally, we need 30% #croakeygo #HeatwaveHealth cur.org.au/cms/wp-content...

Dr Tess Ryan @TessRyan1 - Dec 11
Adrian is discussing the recent upgrades of Parks in the west of Melbourne. More green space is needed for urban areas. Canopy cover in the west is poor, but greening the west is occurring #Heatwavehealth

Croakey News @CroakeyNews - Dec 11
#ClimateEmergency plan for @BrimbankCouncil included many #urban design features to address #climatechange issues. Keeping people in the area cool as efficiently as possible is critical. #HeatwaveHealth #CroakeyGO

Dr Tess Ryan @TessRyan1 - Dec 11
A capture of the temperature variations in the west. We all know what that deep red colour means. How do we assist - creating greener space will build environment and make the space cooler! Adrian Gray, Brimbank City Council #Heatwavehealth #CroakeyGo
IPC Health @IPCHealth.au · Dec 11
Council's Urban Design Manager talks about 30 million investment for ‘Greening the West’. Upgraded local Reserves with more trees improve mental health as commented by local residents. #heatwavehealth

Show this thread

Amy Coopes @coopesdetat · Dec 11
Question on whether local spaces are getting more funding to stay open longer hours etc when they are recommended by the health authorities as refuges during heatwaves. Short answer is no #heatwavehealth #croakeygo

#HeatwaveHealth @WePublicHealth · Dec 11
@BrimbankCouncil striving for better parks, cooler areas.
After improving their parks @BrimbankCouncil is now looking at 'greening' their streets, e.g. making Hampshire Road a better place for people.

Speaker at final stop: Youth Junction Visy Hub
Dr Michael Clarke, CEO, Youth Junction

Heading into our final stop - Youth Junction #croakeygo #HeatwaveHealth with @MelissaSweetDr & @TessRyan1
Ruth Armstrong @DrRuthATLarge - Dec 11
We’re at Youth Junction inc at the busy care hub. This is a centre that aggregates youth services. A one stop shop for young people now headed for 35 000 contacts/year #CroakeyGo #HeatwaveHealth

Croakey News @CroakeyNews - Dec 11
Our final stop is #VisyCaresHub. While we have a mild day in Melbourne, NSW is burning as we discuss #ClimateEmergency #HeatwaveHealth #CroakeyGO. No question that politicians are ignoring the issues we face. Sydney air quality worse than Delhi today. 😢

Amy Coopes @coopesdetat - Dec 11
The great thing about this facility is it’s a one stop shop - privacy and anonymity paramount and all needs can be met on site, says Clarke. Success in numbers - this year 35,000 contacts made, and site only growing in popularity #croakeygo #HeatwaveHealth

Show this thread

DrTess Ryan @TessRyan1 - Dec 11
Dr Michael Clarke, CEO of Youth Junction is now speaking. “Climate change is real friends. While politicians may choose to deny it, we can not”. #Heatwavehealth #CroakeyGo
In the heat of summer young people come to Visy Hub to cool off, charge their phones, use PCs. Thursday and Friday nights in summer it’s open longer to help people get out of the heat, and do something positive and creative.

#HeatwaveHealth #CroakeyGO

#CroakeyGO #HeatwaveHealth

What a great space too!
Amy Coopes @coopesdetat · Dec 11
We don’t just say we see young people as our future, we walk the walk, says Clarke #crokeygo #heatwavehealth

Show this thread

Amy Coopes @coopesdetat · Dec 11
it’s a big, open space. Young people can come in, charge their phones, use our computers, attend programs during hot weather. Opening up extra hours during the evenings in summer as well #crokeygo #HeatwaveHealth

Show this thread

Mitchell Ward @rocklilydesign · Dec 11
Last stop at Sunshine #CrokeyGO at the Youth Junction Hub #HeatwaveHealth

Show this thread

IPC Health @IPCHealth_au · Dec 11
And we are at our last stop Youth Junction Inc and Visy Care Hub, their focus is on care for young people and there is a wide range of services available in the facility, the majority of their needs can be met at the one site. #heatwavehealth

Show this thread

DrTess Ryan @TessRyan1 · Dec 11
The services the Visy Youth Hub are varied, you don’t need to go from one place to another. Important when young people are retreating from the heat for assistance and respite. #Heatwavehealth #CrokeyGo
#HeatwaveHealth @WePublicHealth · Dec 11
Dr Michael Clarke letting us know that the Youth Junction at the Visy Cares Hub will be open late 2 nights a week to keep young people out of the heat. #HeatwaveHealth

The #CroakeyGO ended with reflections from participants on what they would take away, if they would do anything differently as a result...

Croakey News @CroakeyNews · Dec 11
Final PeriscopeCo interviews underway by @MelissaSweetDr and @DrRuthAtLarge as we wrap up another fantastic #CroakeyGO. Great to see #HeatwaveHealth #trending today as we discuss the ClimateEmergency and its impact on health publichealth. Thanks @TessRyan1 @coopesdeta!
Mitchell Ward @rocklilydesign · Dec 11
Final reflections at Sunshine #CroakeyGO at Youth Junction
#HeatwaveHealth

Amy Coopes @coopesdetat · Dec 11
Capturing some final thoughts from our #croakeygo #HeatwaveHealth participants

Marie McInerney @marleemcinerney · Dec 11
Reflections on #HeatwaveHealth: @TessRyan1 says local govt, including @BrimbankCouncil here, "seems to be doing a lot of heavy lifting, frustrating to see not as much input from state, federal govt"
#CroakeyGO
People participated in the walk IRL, and also online, especially at Twitter...

DrTess Ryan @TessRyan1 · Dec 13
The other day at the #HeatwaveHealth event I was saying to invest in people and relationships...the micro not the macro. It's where goodness lives and change happens.

Ailsa G-S @AilsaGibson1 · Dec 11
It was great to be involved in the #HeatwaveHealth walk with #CroakeyGO to find out more about how heat waves impact vulnerable communities

IPC Health @IPHealth_au · Dec 11
First interviews taking place in groups #heatwavehealth

Marie Mcinerney @mariemcinerney · Dec 11
Reach out more to local services, address issues for people without mobility, link in to @BrimbankCouncil community register - some of the reflections from #HeatwaveHealth #CroakeyGO - "it's not the community that's not onboard, need to push fed, state govs"

Marie Mcinerney @mariemcinerney · Dec 11
Hear hear: Sunshine community member says a #CroakeyGO is a great informal way to exchange information, vs another meeting #HeatwaveHealth

Melissa Sweet @MelissaSweetDr · Dec 11
We were so glad to see #HeatwaveHealth #CroakeyGO trending on @Twitter, both in Melbourne (number 1 AND 2 for a bit) and nationally. Extreme heat is one of the critical ways the #ClimateCrisis affects our health & it deserves much more political/policy/public attention/response
In keeping with the place-based focus of a #CroakeyGO, participants also shared photographs from the local area, which had some fantastic public artwork and a creative vibe.
Great to see some fantastic public and streetart as we toured Sunshine 🌞 today for #HeatwaveHealth #CroakeyGO. 🍹ешь

Some final Sunshine street art 🌞 #croakeygo #HeatwaveHealth
Amy Coopes @coopesdetat · Dec 11
Sunshine was gifted this towering artwork by John Kelly, who grew up locally and went on to international fame. Apt metaphor for engaging with federal policymakers on this issue, no? #croakeygo #HeatwaveHealth

Ruth Armstrong @DrRuthAtLarge · Dec 11
Man Lifting Cow. Something we can all relate to #CroakeyGo
#HeatwaveHealth
Shopfronts of Sunshine #heatwavehealth #CroakeyGO

Walk with us - the streets of Sunshine #heatwavehealth #CroakeyGO
Melissa Sweet @MelissaSweetDr · Dec 11
Setting the scene at Sunshine #heatwavehealth #CroakeyGO

Melissa Sweet @MelissaSweetDr · Dec 11
And here are some photos from the streets of Sunshine #sceneselecting for #heatwavehealth #CroakeyGO

Amy Coopes @coopesdetat · Dec 10
We're also getting into the festive spirit out here 🍃🌞 #croakeygo #HeatwaveHealth #xmasinsunshine
Another reflection was the important contributions of Harpo and Zella – not only for participants, but also for bystanders, who engaged with the #CroakeyGO through bonding with the dogs (thanks Rebecca Thorpe for sharing them so generously).
Amy Coopes @coopesdetat - Dec 11
Finishing up our #croakeygo #HeatwaveHealth debrief with a team selfie. Thanks @Lowitjainstitut!

Ruth Armstrong @DrRuthAtLarge - Dec 11
And @TessRyan1 has arrived! #croakeygo #HeatwaveHealth

LMCF @MelbourneLMCF - Dec 11
Pleased to support @IPCHealth.au's #HeatwaveHealth #CroakeyGO walking journalism event today in Brimbank, hosted w @CroakeyNews. Part of our #HotSpots Initiative, it's a chance to share knowledge on how communities respond to the health risks of heatwaves. lmcf.org.au /news/croakeygo...

Croakey News @CroakeyNews - Dec 11
About to get started on @IPCHealth.au #HeatwaveHealth #croakeygo!
Croakey News @CroakeyNews · Dec 11
Duelling @PeriscopeCo preparation for @coopesdetat and @rocklilydesign for @IPCHealth.au #HeatwaveHealth CroakeyGO.

Melissa Sweet @MelissaSweetDr · Dec 10
Strolling the streets of #Sunshine, prepping for tomorrow's CroakeyGO on #HeatwaveHealth w @coopesdetat @rocklilydesign ... and where is @DrRuthAtLarge ??
Marie McInerney @mariemcinerney · Dec 11
Hoping #HeatwaveHealth #CroakeyGO folks get a chance to head now for Hamed Allahyari's Cafe Sunshine & SalamaTea which has great food and provides fellow refugees work opportunities.

Persian-Australian brunch and saffron tea is serve...
When Hamed Allahyari became an atheist, he kept it a secret. After all, he lived in Iran, where people ha...
@sbs.com.au

#HeatwaveHealth @WePublicHealth · Dec 11
Thanks for joining us today on our #CroakeyGO #HeatwaveHealth walk. It was an innovative way to discuss and bring awareness on health impacts heatwaves have our our community. Thanks to our speakers from @CroakeyNews @BrimbankCouncil @ReGenUC @TessRyan1 @AmbulanceVic @JemenaLtd

Melissa Sweet @MelissaSweetDr · Dec 11
Launching #CroakeyGO #HeatwaveHealth pscp.tv/w/cMAvITgwNDk1...