This 11-page Twitter summary from an #ACEM19 session, titled *Think Globally, Act Locally: Bringing Strategy to Life for Indigenous Health*, was prepared for the Croakey Conference News Service in December 2019.

It compiles a Twitter thread by Amy Coopes, and tweets from other conference participants sent on 20 November, 2019.

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**Amy Coopes @coopesdetat**

Dr Tanya Schramm, proud Palawa woman & GP, welcomes us to nipaluna to discuss cultural safety pays tribute to the strong women from whom she is descended. Riki Nia Nia offers a welcome in Te Reo & karakia to get us underway #ACEM19. I will tweet this session in the thread below.
Dr Liz Mowatt setting the scene. 'This is about EM's role in achieving equity for Frist Nations people, calling out racism in all its forms and ensuring all EDs in Australia and NZ are culturally safe' #ACEM19

Cultural safety is about so much more than saying Kia Ora, it's about ensuring access, acknowledging privilege and bias. Mowatt points to foundational work of Lrihapeti Ramsden, which you can access at our page #ACEM19 croakey.org/wp-content/upl...
Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Our panel #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Inia Raumati, ED reg from Auckland, says EDs really function as primary health for many Maori people. Also feels strongly that not enough is being done by @acemonline to encourage Maori trainees into the College #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Interesting thoughts from Kim Yates (Te Rarawa) and Ryan Dashwood (Budawang, Yuin) on mixed heritage, 'passing'. Being told you're 'not black enough'. Importance of language, do we call ourselves 'Aboriginal FACEM' or 'Aboriginal and FACEM' #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Dashwood says Aboriginal ways of learning through mentorship with elders are so important, have been so important to him, must be facilitated #ACEM19
Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Starting our conversation – is cultural safety a buzzword or a genuine global movement for change? #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
If anyone has a question in the Twittersphere please let me know and I am happy to put it to the floor #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Jacqui Gibson-Roos, consumer representative to AEC, stresses the importance of consultation and co-design. Elana Taipapaki Curtis says you must start by examining yourselves: ‘Everyone wants equity but they don’t know how to define it and they don’t know what to do’ #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Lot of good work happening around how to embed Maori and Indigenous culture in health services but that’s not the answer in terms of cultural safety. The answer is with you fellows, with non-Indigenous culture, says Taipapaki Curtis #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
If we could take one thing back from this session, small, and didn’t require funding, what would that be? #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Yates says go back and audit ethnicity and equity in your department. Raumati says go back and look at yourselves, your attitudes to First Nations patients and how that affects your care #ACEM19
Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Dashwood advocates for everyone to go back, pull up past month of did not wait, and if they identified as Aboriginal and Torres Strait Islander, call them and ask why, how they are doing, were there adverse outcomes #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Schramm says be an ally and call out racism when you see it and hear it, don't leave that work to your Indigenous colleagues. And be a champion of those colleagues. Gibson-Roos says silence is the most pervasive form of racism, and that is what cultural safety is about #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
More Maori doctors coming through thanks in part to social justice targets. Raumati says Colleges really need to promote the difference and importance these doctors can make, and not just to patients but to juniors #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Raumati says casual racism, throwaway comments, increases stress load massively for Maori doctors. Call it out for what it is, racism. Whatever you walk past one of your colleagues saying is the standard you accept #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Taipapaki Curtis talking about Vision 20:20. Importance of recognising, when discussing the pipeline, many complex factors for Maori-Pasifika including deprivation, access to education #ACEM19 auckland.ac.nz/en/fmhs/study-...
Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
She says 30% of students at Auckland now Maori-Pacific Islander as a result of concerted efforts, but they were where Australia is (a few decades ago) - time for us to catch up #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Yates emphasising the importance of 'good bystanders' and building multidisciplinary teams of like-minded individuals. Use tools like Harvard Implicit Bias inventory to assess your department #ACEM19 implicit.harvard.edu/implicit/austr...

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Curtis says there's a lot of 'unlearning' that happens on cultural safety once medical students enter the workforce. Dashwood says cultural safety module should be given paid study time to complete, and pre and post debriefing by an Aboriginal Liaison. Not just a box-tick #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Raumati says one of the difficulties with cultural safety is it is hard to measure. How do you know you are making a difference? Start by asking Indigenous people #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Schramm reflecting on understanding how to talk to Aboriginal patients, adapting your history-taking, talk to your Aboriginal Liaison or AMS, be familiar with local referral pathways #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Raumati says @acemonline has failed trainees, must have cultural safety embedded in the curriculum and accreditation standards, tests and exams #ACEM19
Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Dashwood says as a counterpoint that you can't homogenise Aboriginal nations and the College can't teach trainees about hundreds of distinct nations #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Raumati says as a trans-Tasman college it's not good enough to expect all trainees to learn about snake bites when you won't see one in NZ, but nothing on treating Maori patients when they comprise 20% of patient population #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Gibson-Roos says every time you shift location it's on you to inform yourself about the history of the area, to seek and build relationships with elders #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Curtis cites @drcbond - It's not our culture, it's Pakeha culture that's the problem. Not about testing trainees on every single diverse culture they come across but reflecting on this question #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Discussion on institutional racism and reporting of incidents, complaints mechanisms. Often opaque, ineffectual, entrenching existing power structures. Need for this to be anonymised, and less high stakes #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Nia Nia says reporting mechanisms exist but they often end up victimising the person who makes the complaint. Turns the person who makes the complaint into the issue #ACEM19
Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Nia Nia says it's an honour to work within First Nations communities and the best orientation you can do is take yourself out of the hospital and into the community to sit with, meet and listen the local peoples #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
We must be deliberate and intentional says Nia Nia. We must constantly re-evaluate and strive for improvement #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Discussion now on how we foster Indigenous students entering medical school. How do we sow the seeds in early life? Schramm says the issue is denigration of hopes of young Aboriginal and Maori kids, telling them it's not a career for them instead of enabling dreams #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
Mowatt also encourages people to check out the Malpa young doctors project targeting pre-pubescent kids #ACEM19 malpa.org.au/young-doctors

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
What does success look like as an Aboriginal man? Wearing my Foundation pin on my possum skin cloak, says Dashwood #ACEM19

Amy Coopes @coopesdetat · Nov 20
Replying to @coopesdetat
It starts with you, deeply reflect on your own practice, be a good ally and do it 24/7 says Gibson-Roos #ACEM19
Amy Coopes @coopesdetat · Nov 20  
Replies to @coopesdetat  
Make a difference and then measure it. Ask your Indigenous patients how you are doing, says Schramm #ACEM19

Amy Coopes @coopesdetat · Nov 20  
Replies to @coopesdetat  
Sovereignty and self-determination to realise own dreams in our own way in own terms. Our own ED, our own hospital, our own land back. That would be a great day says Taipapaki Curtis of what success would look like #ACEM19

Amy Coopes @coopesdetat · Nov 20  
Replies to @coopesdetat  
Raumati says success for him would be not being the only Mari doctor at handover, and not being mistaken for the orderly every day at work #ACEM19

Amy Coopes @coopesdetat · Nov 20  
Replies to @coopesdetat  
Closing now with a karakia. Nia Nia says success looks like every person in the room going back to their lives and being champions for Indigenous health. Not Pakeha-fying it, underscoring status quo. Surface inequities in your practice. Go into your communities #ACEM19

Amy Coopes @coopesdetat · Nov 20  
Replies to @coopesdetat  
Be intolerant of anything that gets in the way of excellence, says Nia Nia. This means we must service every Australian and New Zealander in the same way, and we are not doing that. We can do better #ACEM19

Amy Coopes @coopesdetat · Nov 20  
Replies to @coopesdetat  
Very special to finish our cultural safety session with a waiata #ACEM19
A beautiful karakia was just delivered by Mr Rikki Nia Nia in the ‘Think Globally, Act Locally: Bringing a Strategy to Life for Indigenous Health. #ACEM19 #acemvolunteers

#ACEM19 Dr Ryan Dashwood - health equity practice tip to those who want to do some simple advocacy: On your next non-clinical day; pull up your DidNotWait list, and follow up on the Indigenous patients. Find out why they didn't wait, explore it, address it #Diversity @acemonline
#ACEM19 strategy for equity of access to healthcare to First Nations People of Australia & NZ. Sharing a professional experience and lived experience as Maori and Indigenous people working in #healthcare. 🙏 to the Panel. #CulturalSafety #DiversityandInclusion @acemonline